

Shamrock Newsletter



IMPORTANT DATES:

Saturday, April 15th – Vintage All Comers Track Meet TK-8

4/14-4/22 Easter Holiday – No School

Monday, April 24th – School Council Meeting 5:30pm

Tuesday, April 25th – Minimum Day 12: 40 Dismissal TK-8

Saturday, April 29th – First Communion for St. A's School 10:00am

Sunday, April 30th – 2016-2017 Scrip Obligation Deadline



MESSAGE FROM THE PRINCIPAL



*Loving Provider,
you gather us with Your Son,
to be fed by Your love.
At that supper, Jesus told us to "love one another"
and we know that is the heart of His gift,
His sacrifice for me.
We ask that we may find the source of our own hearts,
the meaning for our own lives,
in that Eucharist.
Guide us to the fullness of Your love and life. Amen*

The faculty and staff of St. Apollinaris Catholic School hold each one of you and your family in our thoughts and prayers during this, the holiest of seasons.

*Blessings,
Connie Howard*

SCHOOL NEWS



A reminder to our current 6th grade class – Please ensure your child has received the required, Tdap immunization, before the start of school in August. Easter break is a great time to check with your child's pediatrician and if needed make an appointment to get your child ready for 7th grade!

PARENT PARTICIPATION DEADLINE HAS BEEN EXTENDED!!

With the recent change to the Walk-A-Thon date we will be extending the date to complete both A and B hours until May 23rd. Thank you.



- ✚ Italian Catholic Federation Branch #12, is offering one \$500 scholarship to an 8th grade student who will be attending a Napa Valley Catholic High School in the fall.
Deadline is May 16, 2017.
- ✚ St. John's Institute #26, YLI is offering three scholarships to 8th grade students who will be attending a Napa Valley Catholic High School in the fall.
Deadline is May 26, 2017.
- ✚ The Alemany Council Knight of Columbus is offering scholarship tuition grants to several eighth grade students who are members of the Catholic Community in Napa and who will enroll at a local Catholic High School. As a Catholic organization we will like to help eligible students to further their schooling to alleviate some portion off the financial obligations.
Deadline is April 29, 2017

If interested, please pick up a copy of these applications in the school office.

SCRIP NEWS

***No scrip sales on Easter Sunday.
Sales will resume Sunday, April 23rd at 8am.***

Wishing you a Happy Easter!

SPORTS NEWS

Vintage High School Track and Field Jamboree This Saturday!

While the weather did not cooperate for practice this week, your athletes will have another chance to run this weekend at the **Vintage All-Comers Track Meet this SATURDAY, APRIL 15th**.

This is a fundraiser for their track program, and a fun day to run and jump! The spring calendar only allowed for them to have it this weekend, so everyone realizes that many will be traveling for the holiday. Due to this fact, we will not have formal team gathering, or relay team sign-up, but if four athletes from the same grade attend, they are absolutely able to run. If you are in town and your athlete wants to attend, please do so. **Your entry fee is covered by St A's** (still check in so they can get a head count). We won't gather formally as a team to warm up, but the Vintage HS athletes run a participant warm-up. Athletes do not pre-register for this meet so everyone is welcome to attend and chose on the spot what they want to run. Any and all athletes go to the starting line when they call their age group. You can arrive and depart at whatever times works for you! We have attached the order of events. It is more of a casual style meet, so students can wear the SA uniform, or whatever is most comfortable to compete in. Please let us know if you have questions about this event.

Track uniforms have arrived, and will be distributed after the break. We won't practice over break, but please encourage the kids to stay active! Thank you for those that attended the practice meet earlier this week as it is useful to get the first set of nerves out when standing on the starting line!

Enjoy Spring Break and Happy Easter!



Vintage High School Track and Field Jamboree



Welcome to the 3rd Annual Vintage Track and Field Jamboree, a celebration of track and field in the Napa Valley! Check in will open at 8:45. The meet will begin at 9:15 with a 30 minute warm up lead by Vintage HS athletes. There will be a coaches meeting at 9:45 and the meet will begin at 10:00 with the 4x100s and specified field events (see schedule below).

When: Saturday 4/15 8:45am check in, 9:15am (group warm up) and 10:00am (competition)

Where: At the Vintage Crusher Track and Field.

Cost: \$0 for St. A's students (athletes may enter as many events as they wish and ribbons with event marks are given for each event). Spectators are free.

Track Events*	Field Events* (3 attempts- more if time allows)
4x100 (10-11)	10-11 Long jump (grades 7-8)
1600 10-12	Boys High Jump (3'6" opening height)
400 10-12	Boys Shot Put
100 11-12	Long jump (grades 5-6)
800 12-1	Long jump (grades 3-4)
200 12-2	Girls High Jump (3' opening height)
Kids 50 (8 and under)	12-2 Girls Shot Put
4x400 1-2	Long jump (grades k-2)

* Times and schedule is subject to change so pay attention to the meet announcer

Registration: To register for the meet, simply arrive at the Vintage track prior to the meet start time.

Contact Coach Pruyn at bpruyn2@nvusd.org for more details



This week's articles focus on nutrition. Here are a few ideas and recipes for healthy eating and snacking. Enjoy!

<https://childdevelopmentinfo.com/child-health-news/smart-eating-6-brain-boosting-after-school-snacks-for-kids/- .WO-f3FfaB6o>

<https://childdevelopmentinfo.com/development/6-sneaky-ways-to-get-your-kids-to-eat-healthier/- .WO-h7FfaB6o>

<https://allsherecooks.com/funny-animal-faces-toast-treats/>